1° COHORTE

ENGLISH COURSE

Health professionals focused on nutrition

CRONOGRAMA

NIVEL 1

PROGRAMACIÓN ACADÉMICA

International course for health professionals with a focus on nutrition

CLASE	OBJETIVO ESPECÍFICO	DOCENTE	PROGRAMACIÓN
Módulo 1: "Vegetal origin products"			
1. Fruits & vegetables.	Asking about progress	**Tania Geller**	**05-10**
2. Cereal grains.	Expressing preference	**Tania Geller**	**07-10**
3. Beverages.	Giving instructions	**Tania Geller**	**12-10**
4. Dried fruit and nuts.	Giving advice	**Tania Geller**	**14-10**
5. Organic food.	Asking for clarification	**Tania Geller**	**19-10**
• Encuentro online.		**Docentes**	**26-10**
Módulo 2: "Animal origin products and transgenics"			
1. Fish.	Giving Advice	**Valentina Cerda**	**02-11**
2. Meat.	Expressing disapproval	**Valentina Cerda**	**04-11**
3. Poultry.	Expressing quantity	**Valentina Cerda**	**09-11**
4. Dairy products.	Expressing preference	**Valentina Cerda**	**11-11**
5. Transgenic.	Giving advice	**Valentina Cerda**	**16-11**
• Encuentro online.		**Docentes**	**23-11**
Módulo 3: "The human body and its systems"			
1. Human anatomy.	Expressing interest	**Tania Geller**	**30-11**
2. Digestive system part 1.	Clarifying information	**Tania Geller**	**02-12**
3. Digestive system part 2.	Talking about symptoms	**Tania Geller**	**07-12**
4. The nervous system.	Asking for more information	**Tania Geller**	**09-12**
5. The endocrine system.	Expressing contrast	**Tania Geller**	**14-12**
• Encuentro online.		**Docentes**	**21-12**

NIVEL 2

PROGRAMACIÓN ACADÉMICA

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CLASE	OBJETIVO ESPECÍFICO	DOCENTE	PROGRAMACIÓN
Módulo 1: "Nutrition during the pregnancy and childhood"			
1. Pregnancy.	Asking for advice	**Valentina Cerda**	**05-10**
2. Lactation.	Checking information	**Valentina Cerda**	**07-10**
3. Infant nutrition.	Making suggestions	**Valentina Cerda**	**12-10**
4. Toddler and preschooler nutrition.	Clarifying information	**Valentina Cerda**	**14-10**
5. Child and preadolescent nutrition.	Showing agreement	**Valentina Cerda**	**19-10**
• Encuentro online.		**Docentes**	**26-10**
Módulo 2: "Nutrition during youth and adult"			
1. Adolescent nutrition.	Stressing a point	**Tania Geller**	**02-11**
2. Adult nutrition.	Expressing quantity	**Tania Geller**	**04-11**
3. Nutrition for older adults.	Showing agreement	**Tania Geller**	**09-11**
4. Vegetarian diet.	Listing pros and cons	**Tania Geller**	**11-11**
5. Eating disorders 1.	Expressing interest	**Tania Geller**	**16-11**
• Encuentro online.		**Docentes**	**23-11**
Módulo 3: "Nutrition and illnesses"			
1. Eating disorders 2.	Asking for help	**Valentina Cerda**	**30-11**
2. Athletic nutrition.	Asking for advice	**Valentina Cerda**	**02-12**
3. Alcohol and nutrition.	Offering advice	**Valentina Cerda**	**07-12**
4. Nutrition and diabetes.	Explaining options	**Valentina Cerda**	**09-12**
5. Nutrition and cancer.	Giving advice	**Valentina Cerda**	**14-12**
• Encuentro online.		**Docentes**	**21-12**

NIVEL 3

PROGRAMACIÓN ACADÉMICA

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CLASE	SPECIFIC OBJETIVE	DOCENTE	PROGRAMACIÓN
Módulo 1: "Clinical and sports nutrition"			
1. Nutritionist or Dietitian?.	Discussing requirements	**Valentina Cerda**	**05-10**
2. Clinical nutrition.	Making a recommendation	**Valentina Cerda**	**07-10**
3. Sports nutrition.	Considering options	**Valentina Cerda**	**12-10**
4. What to expect at your first appointment.	Asking for information	**Valentina Cerda**	**14-10**
5. Diet history.	Describing order	**Valentina Cerda**	**19-10**
• Encuentro online.		**Docentes**	**26-10**
Módulo 2: "Current diets and labels"			
1. Food labels.	Asking for advice	**Tania Geller**	**02-11**
2. Junk food.	Expressing concern	**Tania Geller**	**04-11**
3. The mediterranean diet.	Talking about difficulty	**Tania Geller**	**09-11**
4. The DASH diet and the Alkaline diet.	Expressing enthusiasm	**Tania Geller**	**11-11**
5. The 5:2 (IF) diet and the Atkins diet.	Summarizing options	**Tania Geller**	**16-11**
• Encuentro online.		**Docentes**	**23-11**
Módulo 3: "Body composition and job interviews"			
1. Measuring body composition (Intro).	Talking about advantages and disadvantages	**Valentina Cerda**	**30-11**
2. Measuring body composition (Part 1).	Giving instructions	**Valentina Cerda**	**02-12**
3. Measuring body composition (Part 2).	Giving your opinion	**Valentina Cerda**	**07-12**
4. Applying for a job.	Asking for help	**Valentina Cerda**	**09-12**
5. Job interviews.	Advising	**Valentina Cerda**	**14-12**
• Encuentro online.		**Docentes**	**21-12**

PROGRAMACIÓN ACADÉMICA

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Evaluaciones

Nivel 1

Prueba 1 desde el **29-10-21**

Prueba 2 desde el **26-11-21**

Prueba 3 desde el **28-12-21**

Cierre Definitivo

14 enero 2022

Nivel 2

Prueba 1 desde el **29-10-21**

Prueba 2 desde el **26-11-21**

Prueba 3 desde el **28-12-21**

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